



GIG
CYMRU
NHS
WALES

Iechyd Cyhoeddus
Cymru
Public Health
Wales

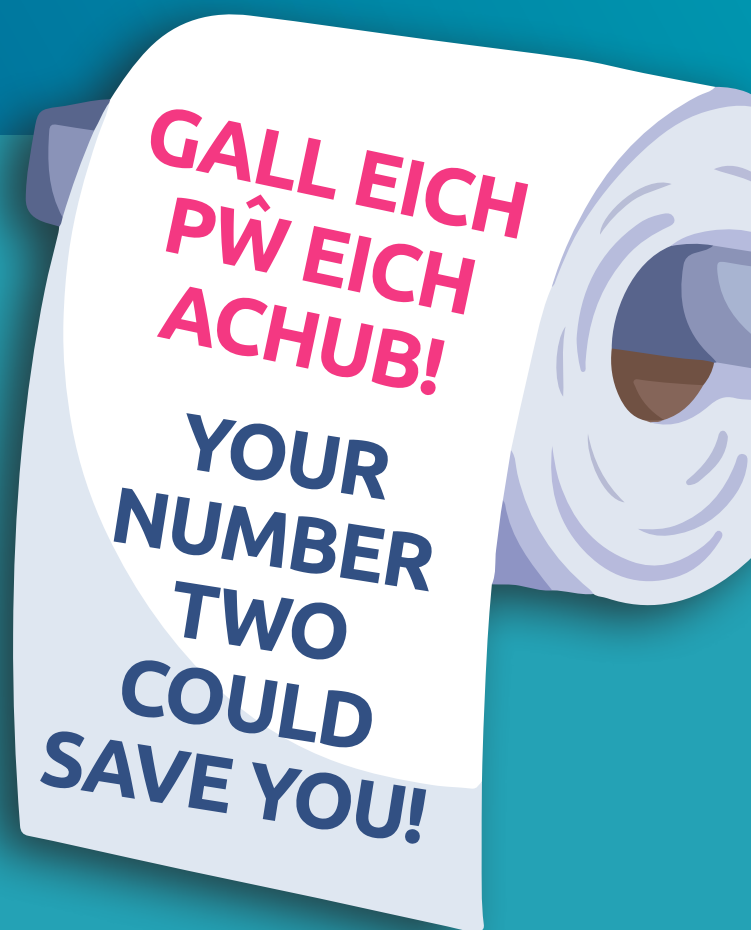
Sgrinio
Coluddion
Cymru



Bowel
Screening
Wales

Mae sgrinio
coluddion yng
Nghymru yn
ehangu.

Bowel screening
in Wales is
expanding.



**GALL EICH
PŴ EICH
ACHUB!**

**YOUR
NUMBER
TWO
COULD
SAVE YOU!**

O fis Hydref 2023, bydd pobl 51-54 oed yn dechrau derbyn pecyn prawf sgrinio coluddyn y GIG am ddim yn awtomatig bob dwy flynedd.

Mae pobl 55-74 oed eisoes yn gymwys ar gyfer sgrinio coluddyn.

Gall sgrinio helpu i ganfod cancer y coluddyn yn gynnar, pan na fydd gennych symptomau.

From October 2023, people aged 51-54 will automatically start to receive a free NHS bowel screening test kit every two years.

People aged 55-74 are already eligible for bowel screening.

Screening can help find bowel cancer early, when you don't have symptoms.

Peidiwch ag anwybyddu eich pecyn prawf am ddim pan fyddwch yn ei dderbyn – gallai achub eich bywyd.

Don't ignore your free test kit when you receive it – it could save your life.



I gael rhagor o wybodaeth:
icc.gig.cymru/sgrinio-coluddion
0800 294 3370

Sganiwch fi!



For more information:
phw.nhs.wales/bowel-screening
0800 294 3370

Scan me!